# JOIN US FOR A PARENT

WORKSHOP!

East Aurora D131 has partnered with the YOU Program to offer you a workshop titled:

# **Healthy Living**

You will learn

* Healthy Choices
* Family Activities
* Healthy Lifestyles

**Friday, January 31st, 2020**

8:30am to 9:30am

FRED RODGERS ACADEMY

157 N. ROOT STREET AURORA, IL 60505

For more details on this workshop, please contact your Parent Liaison, Alicia Yañez, (630) 299-7177.