

The Puma Journal

Fred Rodgers Magnet Academy

DECEMBER 2019

ATHLETE SPOTLIGHT

BY MELISSA PENA, DANIELLA SANCHEZ, LESLIE MENDOZA-HERNANDEZ, ANAHI MORENO, & YUVIA DURAN

We interviewed some student athletes about their experiences so far in the winter sports season!

Jayden Patino, 8th, Basketball

How long have you been playing for? – I've been playing since I was 5 years old.

How many games have you played with the team? – 8, I think.

How many games have you won? – One

What position do you play? – I play Point Guard.

What is one positive effect basketball has made on you? – It gets me out of my house.

What is one negative effect basketball has made on you? – It takes time out of my day.

What is the biggest challenge you face during a game? – During games... it's just playing in general.

What is one positive effect

What is the biggest challenge you face during practice? – My biggest challenge during practice is the sixth graders. We have to do "suicides" if they don't listen.

Has this sport made an impact on your life? – Yeah, it made an impact because it makes me go outside.

Why did you decide to join this sport? – My dad told me to play basketball, and I was like, "ok."

What is one word you would use to describe yourself? – Fast.

Jayden Franklin Cole, 8th, Basketball

How long have you been playing for? – I've been playing since I was six.

How many games have you played with the team? – About 10 or 11 so far.

How many games have you won? – I think one.

What position do you play? – Power Forward.

ABOUT US:

BY YAVÉT ESCAREÑO

This student-led school newsletter is to inform the FRMA students and families on what is going in the school, community, and district. We want to make sure the readers are well-informed of FRMA news, activities and events in the Aurora community, and also pop culture of 2019-2020; including music, trends, movies, books, and more!

Some topics you might see:

- Staff / athlete interviews
- Game highlights
- Fun DIY recipes
- Student poetry / artwork
- Word searches / coloring
- School polls (go vote!)
- Local events
- New movie / TV releases
- Club Corner (clubs' info)

We all hope you enjoy the school newspaper! Be sure to watch out for it each month! Happy Holidays!

basketball has made on you? – I guess during the summer, I get fat. So when I do basketball for like three months, it helps me get back in shape and not just get fat again.

What is one negative effect basketball has made on you? – When I'm playing, it's hard for me to have fun. Like, when we're losing, I get too angry.

What is the biggest challenge you face during a game? – Playing defense on the best player.

Has this sport made an impact on your life? – Yeah, it helped me get motivated to try to do good in school because I know what I'm trying to do. I want to play in college, hopefully.

Why did you decide to join this sport? – It's the one sport I'm actually passionate about, and I want to be the best. In this school, I'm probably one of the best.

What is one word you would use to describe yourself? – Strong

Yuvia Duran, 8th, Cheer

How long have you been playing for? – I've been playing since fourth grade.

How many games have you cheered for? – About 6, I think.

What position do you play? – I am a base.

What is one positive effect cheerleading has made on you? - It lets me be in kind of a different mindset, you could say. I surround myself by people and I am actually able

to talk to them. What is one negative effect cheerleading has made on you? – Probably getting injured or hurt or not letting to flyers drop. Also, it takes a lot of time away and I have to maintain my grades.

What is the biggest challenge you face during a game? – It would be not messing up.

What is the biggest challenge you face during practice? – It would be staying on task.

Has this sport made an impact on your life? – Yes, this sport has, because I was able to meet new people.

Why did you decide to join this sport? – I don't like not joining anything.

What is one word you would use to describe yourself? – Cheerful.

Leslie Moreno, 7th, Cheer

How long have you been playing for? – I've been cheering for about four years.

How many games have you cheered with the team? – I think four.

What position do you play? – Flyer

What is one negative effect cheerleading has made on you? – I'm always at practice and I don't have time for other things.

What is the biggest challenge you face during a game? – I don't know... What is the biggest challenge you face during practice? – It's hard to

do the stuff right.

Has this sport made an impact on your life? – I guess.

Why did you decide to join this sport? – I thought it was interesting.

KEEPING UP WITH THE TEACHERS

BY ERIC BARRON, ANTONIO CUACUAS, & LALO WASHINGTON

Staff Interview with Mr. Trygar: PLTW teacher and Chess Club leader.

Q: How old are you?

A: Old enough.

Q: How long have you been teaching?

A: About 8 years.

Q: What do students do in Chess Club?

A: Learn how to play chess.

Q: Are you good at chess?

A: I'm ok.

Q: When are you shaving your beard?

A: Not gonna happen.

Q: What are your thoughts on checkers?

A: Checkers are a good introduction to chess.

Q: Want to "one V one in chess?"

A: Not right now, but if you go to chess club, then maybe.

TASTY TREATS

BY M. SOLORZANO

With the holidays around the corner, so comes the need for nice, refreshing dishes. This Polish Cucumber Salad (Mizeria) should find its way to your side dishes repertoire. It's been in mine ever since I was born. Here I'm going to present you with the version of Mizeria that my family loves. It only requires a few simple ingredients:

INGREDIENTS:

- Cucumbers
- Fresh dill
- Spring, green onions
- Sour cream
- Salt
- Pepper

Even though the ingredients are simple, there are few important steps to follow to make it right:

Your cucumber needs to be peeled and then very thinly sliced. You can either use a knife, a mandolin or the side of a shredder, with the slicing option.

Then you'll need to salt your cucumbers, mix well, and set aside for at least 15 minutes (but ideally for 30 minutes);

The cucumbers will release a lot of water, which you need to discard. After natural dehydration, then squeeze the cucumbers even more;

Next, you'll add dill, green onions, and sour cream;

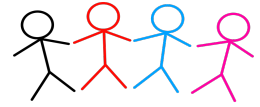
Mix it all together and season to taste. Be careful with the salt, as your cucumbers were salted previously. Also, you may only need to add a little pepper.



(Mizera recipe by M. Solorzano)



CLUB CORNER: PEACE JAM



BY LILYANA OLVERA

Club Corner is a section of the Puma Journal that consists of the current events going on in our school's clubs. This week we're focusing on the club Peace Jam! The leaders are Mrs. Adams and Mrs. Savoie. Puma News asked the Peace Jam members what's currently going on in the club and what Peace Jam is all about.



Q: What is currently going on in Peace Jam?

A: Scrunchies are being made by the members to sell at the City of Lights event. (Stay tuned for more sales! Plenty of cute patterns like tie die and Peppa Pig fabrics). We are also learning about Tawakkol Karman who is a human rights activist from Yemen.

Q: Are there any events that are coming up in Peace Jam?

A: Yes, we have the scrunchie sale coming up and, in the spring, we will be traveling to Michigan for the second time.

Q: What exactly is Peace Jam for?

A: Peace Jam is for bringing peace to all over the world and to improve your life and others' lives as well.

Q: What does Peace Jam mean to you?

A: To me, Peace Jam simply means peace, as simplistic as it sounds... peace is something that can impact our world in great ways. Peace Jam also means to make the world a better place, to help our environment, and to interact with others.

Q: How do you think Peace Jam influences our school?

A: Peace Jam influences our school by helping the community and it also helps us feel good about ourselves.

Q: How do field trips contribute to Peace Jam?

A: Field trips contribute to Peace Jam by helping us interact with others, helping us understand what is currently going on in the world, and helping us go out into the community to help as much as possible with whatever needed.

Q: Why do we need peace?

A: We need peace so we can be able to help out our planet. We also need peace because currently the world isn't doing too well. There is war all around us, and even if we help by doing something small, no matter what, even the smallest contribution can help our world become a better place.

BELLS	CANDLE	CANDYCANES
CHIMNEY	CHRISTMAS	COAL
COOKIES	EGGNOG	ELF
GIFTS	GINGERBREAD	GREEN
GRINCH	HOTCOCOA	LIGHTS
MISTLETOE	NORTHPOLE	NUTCRACKER
ORNAMENTS	PEPPERMINT	RED
REINDEER	RUDOLPH	SANTA
SLEIGH	SNOWBALL	SNOWMAN
STOCKINGS	TREE	WINTER

FEATURED STUDENT ARTISTS

BY KARINA LOPEZ & MILEYKA LEDEZMA

Top 3 Artists of the Month



Anne Garcia
8th grade
13 years old
Inspired by Minecraft skins

Made with: Paint MS

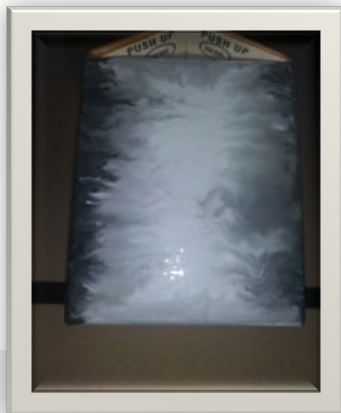
Faelyn Rakow
8th grade
13 years old
Inspired by her favorite actor
getting engaged in Paris and
this was their engagement
picture

Made with: Sketch book



Odalís Sosa
8th grade
13 years old

Made with: Milk



8TH GRADE HOLIDAY POLL

BY DIEGO GARCIA & JOSÉ CARDENAS

Stay tuned for next month's 7th Grade poll!

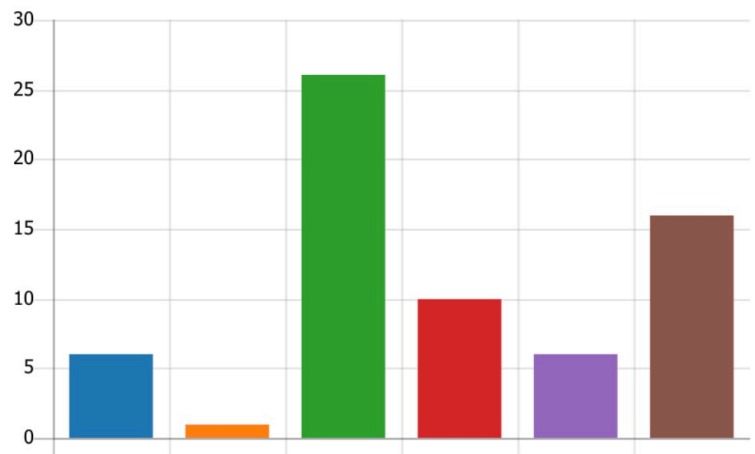
1. Which upcoming movie are you looking forward to seeing during the holiday season?

● Star Wars: The Rise of Skywalker	10
● Cats	6
● Frozen 2	29
● Jumanji: The Next Level	20



2. What holiday food are you most looking forward to eating?

● Pie	6
● Gingerbread	1
● Pozole	26
● Mashed potatoes	10
● Champpurado	6
● Arroz con leche	16



THANK YOU FOR READING THE PUMA JOURNAL!
STAY TUNED FOR THE JANUARY ISSUE.